## Pregnancy and your Rights in the Workplace

# Are you pregnant, recovering from childbirth, or do you have a medical or common condition related to pregnancy?

#### If so, you have the right to:

- Ask your employer for a reasonable accommodation for your pregnancy, such as more frequent bathroom breaks, assistance with heavy work, a private space for expressing milk, or time off to recover from your pregnancy.
- Reject an unsolicited accommodation offered by your employer for your pregnancy.
- Continue working during your pregnancy if a reasonable accommodation is available which would allow you to continue performing your job.

#### Your employer cannot:

- Discriminate against you because of your pregnancy.
- Retaliate against you because you requested a reasonable accommodation.

It is illegal for your employer to fire you, refuse to hire you or to refuse to provide you with a reasonable accommodation because of your pregnancy. For more information regarding your rights, download the Illinois Department of Human Rights' fact sheet from our website at <a href="https://www.illinois.gov/dhr">www.illinois.gov/dhr</a>

Es ilegal que su empleador la despida, se niegue a contratarla o a proporcionarle una adaptación razonable a causa de su embarazo. Para obtener información sobre el embarazo y sus derechos en el lugar de trabajo en español, visite: www.illinois.gov/dhr

#### **ILLINOIS DEPARTMENT OF**

### **Human Rights**

For immediate help or if you have questions regarding your rights. Call (312) 814-6200 or (217) 785-5100 or (866) 740-3953 (TTY)

CHICAGO OFFICE

100 WEST RANDOLPH STREET,

10th Floor
INTAKE UNIT
CHICAGO, IL 60601

(312) 814-6200

SPRINGFIELD OFFICE
222 SOUTH COLLEGE ST.,
ROOM 101-A
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The charge process may be initiated by completing the form at: <a href="http://www.illinois.gov/dhr">http://www.illinois.gov/dhr</a>

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